

### Foreign Race Allocations

**Aims:**

To assist and encourage club members to enter key **Elite / ITU / ETU** races outside of Ireland

**Conditions:**

*For selected races only as listed by the Committee from time to time. Ironman and Half Ironman races excluded.  
Receipts must be sent in with claim on the official **LTC Expense Claim Form** and claim received by the Treasurer within **4 weeks** of race date.*

*All payments and conditions below are in addition to any payments received by an athlete from Triathlon Ireland*

*Details below are subject to review and change at any time as agreed by the Committee*

*All athletes must be fully paid up members of LTC and hold a full Triathlon Ireland 2006 License*

*No claims to be paid for races funded by European clubs*

*Proof of participation in race required*

*Trip taken must be specifically for competition. If combined with holiday subsidies only paid for competition period as outlined below.*

*Amounts repayable if trip not taken*

*Ad Hoc Costs such as bulk bike transportation to Ironman may also qualify for assistance at the discretion of the Club Committee.*

#### Racing within UK (not including NI)

towards flights and travel (50% payable for athletes based in UK)	€50
towards bike transportation (Not payable to athletes based in UK)	€50
towards bed & board per night (2 night allowance only in uk; both nights must be receipted)	€30
<b>Total Max Allowance (€85 for UK based LTC athletes)</b>	<b>€160</b>

#### Racing in Europe: (Outside UK and Ireland)

*(not payable where another European Club has already funded a particular race)*

towards flights and travel	€70
towards bike transportation	€50
towards bed & board per night (max of 3 nights allowed in Europe)	€30
<b>Total Max Allowance</b>	<b>€210</b>

#### Racing outside Europe:

towards flights and travel	€100
towards bike transportation	€50
towards bed & board (max of 4 nights allowed)	€50
<b>Total Max Allowance</b>	<b>€350</b>

#### Club Gear Clothing Allowances:

**Additional 30% discount off club gear - proof of purchase (preferably receipts) necessary**  
(Total of 40% now available - 10% from Gleeson's with club card and 30% from Club) \*the 30% is applied to the full shop price not the 10% discounted price  
Claim to be submitted via the **LTC Expense Claim Form** with proof of purchase attached.

#### Claims

**All claims to be made to LTC Treasurer within allocated time frames, on LTC Members Claim Form included in the Members Benefits section on the website.**